

The BETWEEN-US

Monthly Newsletter of the Greater Milwaukee Central Office, Inc.

Welcoming Newcomers and Aiding AA Groups in Our Community.

*As a 5th Edition Big Book is now in the works, we thought you might like to read some personal stories from previous Edition's. Here is the **The Unbeliever** from the 1st Edition.*

One of the original twenty-nine stories printed in the First Edition of the Big Book, Alcoholics Anonymous, published in 1935, this story was taken out when the Second Edition was published in 1955.

Dull, listless, and semicomatose, I lay on my bed in a famous hospital for alcoholics. Death or worse had been my sentence.

What was the difference? What difference did anything make? Why think of those things which were gone--why worry about the results of my drunken escapades? What the hell were the odds if my wife had discovered the mistress situation? Two swell boys. . .sure. . .but what difference would a corpse or an asylum-imprisoned father make to them?

Thoughts, stop whirling in my head! That's the worst of this sobering-up process; the old think tank is geared in high-high. . .what do I mean high-high. . .where did that come from. . .insane asylum. . .how that bus could scamper. . .yes. . .even then liquor probably poisoned me. What had the little doctor said this morning? Thoughts, hesitate a moment. Stop your mad turning! What was I thinking about. . . oh yes, the doctor.

This morning I reminded Doc this was my tenth visit. I had spent a couple of thousand dollars on these trips and those that I had financed for the plastered playgirls who also couldn't sober up. Jackie was a honey until she got plastered and then she was a hellion. Wonder what gutter she's in now. Where was I? Oh, I asked the doctor for God's sake to tell me the truth. He owed it to me for the amount of money I had spent. He faltered, said I'd been drunk that's all. God? Didn't I know that?

But Doc, you're evading. Tell me honestly what is the matter with me. I'll be all right did you say? But Doc, you've said that before. You said once that if I stopped for a year I would be over the habit

and would never drink again. I didn't drink for over a year, but I did start to drink again.

Tell me what is the matter with me. I'm an alcoholic? Ha, ha and ho, ho! As if I didn't know that! But aside from your fancy name for a plain drunk, tell me why I drink. You say a true alcoholic is something different from a plain drunk? What do you mean. . .let me have it cold. . .brief and with no trimmings.

An alcoholic is a person who has an allergy to alcohol? Is poisoned by it? One drink does something to the chemical makeup of the body? That drink does something to the nerves and in a certain number of hours another drink is medically demanded? And so the vicious cycle is started? An ever smaller amount of time is needed between drinks to stop those screaming, twitching, invisible wires called nerves?

I know that experience, Doc. The spiral tightens. . .drink. . .unconscious. . .awake. . .drink. . .unconscious. . .poured into the hospital. . .suffer the agonies of hell. . .the shakes. . .thoughts running wild. . .brain unleashed. . .engine without a governor. But hell Doc, I don't want to drink! I've got one of the stubbornest will powers known in the business. I stick at things. I get them done. I've stuck on the wagon for months. And not been bothered by it and then suddenly, incomprehensibly, an empty glass in my hand and another spiral started. How do you explain that one?

He couldn't. That was one of the mysteries of true alcoholism. A famous medical foundation had spent a fortune trying to segregate the reasons for the alcoholic as compared to the plain hard, heavy drinker. Had tried to find the cause. And all they had been able to determine as a fact was that the majority of the alcohol in every drink taken by the alcoholic went to the fluid in which the brain floated. Why a man ever started when he knew those facts was one of the things that could not be fathomed. Only the damn fool public believed it a matter of weak will power. Fear. . .ostracism. . .loss of family. . .loss of position. . .the gutter. . .nothing stopped the alcoholic.

For Christ's sake, Doc! What do you mean--nothing! What! An incurable disease? Doc, you're kidding me! You're trying to scare

(Unbeliever: Continued on page 2)

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(Unbeliever: Continued from page 1)

me into stopping! You wish to God you were? What are those tears in your eyes Doc? What's that? Forty years you've spent at this alcoholic business and you have yet to see a true alcoholic cured? Your life defeated and wasted? Oh, come come Doc, what would some of us do without you? If even to only sober up. But Doc, let's have it. What is going to be my history from here on out? Some vital organ will stop. . .or the madhouse with a wet brain? How soon? Within two years? But Doc, I've got to do something about it! I'll see doctors. . .I'll go to sanitariums. Surely the medical profession knows something about it. So little, you say? But why? Messy. Yes, I'll admit there is nothing messier than a drunk alcoholic.

What's that, Doc? You know a couple of fellows that were steady customers here that haven't been drunk for about ten months? You say they claim they are cured? And they make an avocation of passing it on to others? What have they got? You don't know. . .and you don't believe they are cured. . .well why tell me about it. A fine fellow you say, plenty of money, and you're sure it isn't a racket. . .just wants to be helpful. . .call him up for me will you, Doc?

How Doc had hated to tell me. Thoughts, stop knocking at my door! Why can't I get drunk like other people, get up next morning, toss my head a couple of times and go to work? Why do I have to shake so I can't hold the razor? Why does every little muscle inside me have to feel like a crawling worm? Why do even my vocal cords quiver so words are gibberish until I've had a big drink? Poison! Of course! But how could anyone understand such a necessity for a drink that it had to be loaded with pepper to keep it from bouncing? Can any mortal understand such secret shame in having to have a drink as to make a person keep the bottles hidden all over the house. The morning drink. . .shame and necessity. . .weakness. . .remorse. But what does the family know about it? What do doctors know about it? Little, Doc was right, they know nothing. They just say, "Be strong," "Don't take that drink," "Suffer it through."

What the hell do they know about suffering? Not sickness. Not a belly ache--oh yes, your guts get so sore that you can't place your hands on them. . .oh sure, every time you go, you twist and writhe in pain. What the hell does any nonalcoholic know about suffering? Thoughts, stop this mad merry-go-round! And worst of all this mental suffering--the hating yourself--the feeling of absurd, irrational weakness--the unworthiness. Out that window! Use the gun in the drawer! What about poison? Go out in a garage and start the car. Yeah, that's the way out. . .But then people will say, "He was plastered." Jesus! I can't leave that story behind. That's worse than cowardly.

Isn't there someone who understands? Thoughts, please, oh please, stop! I'm going nuts. . .or am I nuts now? Never. . .never again! And yet I've said that a dozen times and inexplicably I've found an empty glass in my hand and the whole story repeated.

My Lord, the tragedy that sprang out of her eyes when I came home with a breath on me. . .and fear. The smile wiped off the kids' faces. Terror stalking through the house. Yes. . .that changed it from a home to a house. Not drunk yet, but they knew what was coming. Mr. Hyde was moving in.

And so I'm going to die. Or a wet brain. What was it that fellow said who was here this afternoon? Damn fool thought, get out of my mind! Now I know I'm going nuts. And science knows nothing about it. And psychiatrists. I've spent plenty with them. Why should they feed on us who are suffering? Thought, go away! No, I don't want to think about what that fellow said this afternoon.

He's trying. . .idealistic as hell. . .nice fellow, too. Oh, why do I have to suffer with this revolving brain? Why can't I sleep? What was it he said? Oh yes, came in and told about his terrific drunks, his trips up here, this same thing I'm going through. Yes, he's an alcoholic all right. And then he told me he knew he was cured. Told me he was peaceful. . .(I'll never know peace again). . .that he didn't carry constant fear around with him. Happy because he felt free. But it's screwy. He said so himself. But he did get my confidence when he started to tell what he had gone through. It was so exactly like my case. He knew what this torture is. He raised my hopes so high; he looked as though he had something. I don't know, I guess I was so sold that I expected him to spring some kind of a pill and I asked him desperately what it was.

And he said, "God."

And I laughed.

A baseball bat across my face would have been no greater shock. I was so high with hope and expectation. How can a man be so heartless? He said that it sounded screwy but it worked, at least it had with him. . .said he was not a religionist. . .in fact didn't go to church much. . .my ears came up at that. . .his unconventionality attracted me. . .said that some approaches to religion were screwy. . .talked about how the simplest truth in the world had been all balled up by complicating it. . .that attracted me. Oh, for God's sake, get out of my mind. . .what a fine religious bird I'd be. ~~Imagine the glass of the gangster getting lit up by a . . .~~ Thoughts, please slow down. . .why don't they give me something to go to sleep. . .lay down in green pastures. . .the guy's nuts. . .forget him.

And so it's the nuthouse for me. . .glad Mother is dead, she won't have to suffer that. . .if I'm going nuts maybe it'd be better to be crazy the way he is. . .life's cruel. . .the puny-minded, curtain-hiding gossips. . .didn't you know his father was committed for insanity. . .what a sly label to hang on those boys. . .damn the gossiping, reputation-shredding busybodies who put their noses into other people's business.

He'd laid in this same dump. . .suffered. . .gone through hell. . .made up his mind to get well. . .studied alcoholism. . .Jung. . .went to Blank Medical Foundation. . .asylums. . .Hopkins. Many said incurable disease. . .impossible. . .nearly all known cures had been through religion. . .revolted him. . .made a study of religion. . .the more he studied, the more it was bunk to him. . .not understandable. . .self-hypnotism crap. . .and then the thought hit him that people had it all twisted up. They were trying to pour everyone into molds, put a tag on them, tell them what they had to do and how they had to do it, for the salvation of their own souls. When as a matter of fact people were through worrying about their souls, they wanted action right here and now. A lot of trips had been built up around the simplest and most beautiful ideas in the world.

(Hell, Continued on page 3)

And how did he put the idea. . .bunk. . .why in hell am I still thinking about him. . .in hell. . .that's good. . .I am in hell. He said, "I came to the conclusion that there is SOMETHING. I know not what it is, but it is bigger than I. If I will acknowledge it, if I will humble myself, if I will give in and bow in submission to that SOMETHING and then try to lead a life as fully in accord with my idea of good as possible, I will be in tune." And later the word good contracted in his mind to God.

But, mister, I can't see any guy with long white whiskers up there just waiting for me to make a plea. . .and what did he answer. . .said I was trying to complicate it. . .why did I insist on making it human. . .all I had to do was believe in some power greater than myself and knuckle down to it. . .and I said maybe, but tell me mister why are you wasting your time up here? Don't hand me any bunk about it being more blessed to give than to receive. . .asked him what this thing cost and he laughed. He said it wasn't a waste of time. . .in doping it out he had thought of something somebody had said, "A person never knew a lesson until he tried to pass it on to someone else." He had found out that every time he tried to pass this on it became more vivid to him. So if we wanted to get hard-boiled about it, he owed me, I didn't owe him. That's a new slant. . .the guy's crazy as a loon. . .get away from him, brain. . .picture me going around telling other people how to run their lives. . .if I could only go to sleep. . .that sedative didn't seem to take hold.

He could visualize a great fellowship of us. . .quietly, semi-secretly passing this from alcoholic to alcoholic. . .nothing organized. . .not ministers. . .not missionaries. . .what a story. . .thought we'd have to do it to get well. . .some kind of a miracle had happened in his life. . .commonsense guy at that. . .his plan does fire the imagination.

Told him it sounded like self-hypnotism to me and he said, "What of it?". . .didn't care if it was yogi-ism, self-hypnotism or anything else. . .four of them were well. But it's so damn hypocritical. . .I get beat every other way and then I turn around and lay it in God's lap. . .damned if I ever would turn to God. . .what a low-down cowardly, despicable trick that would be. . .don't believe in God anyway. . .just a lot of hooley to keep the masses in subjugation. . .world's worst inquisitions have been practiced in His name. . .and he said. . .do I have to turn into an inquisitionist. . .if I don't knuckle down, I die. . .why the low-down missionary. . .what a bastardly screw to put on a person. . .a witch burner, that's what he is. . .the hell with him and all his damn theories. . .crap. . .witch burner.

Sleep, please come to my door. . .that last was the eight hundred and eighty fifth sheep over the fence. . .guess I'll put in some black ones. . .sheep. . .shepherds. . .wise men. . .what was that story. . .hell there I go back on that same line. . .told him I couldn't understand and I couldn't believe anything I couldn't understand. He said he supposed then that I didn't use electricity. No one actually understood where it came from or what it was. Nuts to him. He's got too many answers. What did he think the nub of the whole thing was? Subjugate self to some power above. . .ask for help. . .mean it. . .try to pass it on. Asked him what he was going to name this? Said it would be fatal to give it any kind of a tag. . .to have any sort of formality.

I'm going nuts. . .tried to get him into an argument about miracles. . .about immaculate conception. . .about star leading three wise men. . .Jonah and the whale. He wanted to know what difference those things made. . .he didn't even bother his head about them. . .if he did, he would get tight again. So I asked him what he thought about the Bible. Said he read it, and used those things he agreed with and understood. He didn't take the Bible literally as an instruction book, for there was no nonsense you could not make out of it that way. If ministers could only just advise people and not try to tell them what they had to do, he figured religion would be more successful with fellows like us. . .figured most preachers tried to pour people into some mold of their own.

Thought I had him when I asked about the past sins I had committed. Guess I've done everything in the book. . .I supposed I would have to adopt the attitude that all was forgiven. . .here I am pure and clean as the driven snow, or else I was to go through life flogging myself mentally. . .bah. But he had the answer for that one too. Said he couldn't call back the hellish things he had done, but he figured life might be a ledger page. If he did a little good here and there, maybe the score would be evened up some day. On the other hand, if he continued as he had been going there would be nothing but debit items on the sheet. . .kind of common sense.

This is ridiculous. . .have I lost all power of logic. . .would I fall for all that religious junk. . .let's see if I can't get to thinking straight. . .that's it. . .I'm trying to do too much thinking. . .just calm myself. . .quietly. . .quiet now. . .relax every muscle. . .start at the toes and move up. . .insane. . .wet brain. . .those boys. . .what a mess my life is. . .mistress. . .how I hate her. . .ah. . .I know what's the matter. . .that fellow gave me an emotional upset. . .I'll list every reason I couldn't accept his way of thinking. After laughing at this religious stuff all these years I'd be a hypocrite. That's one. Second, if there was a God, why all this suffering? Wait a minute, he said that was one of the troubles, we tried to give God some form. Make it just a power that will help. Third, it sounds like the Salvation Army. Told him that and he said he was not going around singing on any street corners. Simply, if he heard of a guy suffering the torments, he told him his story and belief.

There I go thinking again. . .just started to get calmed down. . .sleep. . .boys. . .insane. . .death. . .mistress. . .life all messed up. . .business. Now listen, take hold. . .what am I going to do? NEVER. . .that's final and in caps. Never. . .that's not no discount. Never. . .never. . .and my mind is made up. NEVER am I going to be such a cowardly low-down son of a bitch as to acknowledge any God. The two-faced, gossiping Babbitts can go around with their sanctimonious Christ mouthings, their miserable worshipping, their Bible quotations, their holier-than-thou attitudes, their nicy-nice Christian, Sunday-worshipping, Monday-robbing actions, but never will they find me acknowledging God. Let me laugh. . .I'd like to shriek with insane glee. . .my mind's made up. . .insane, there it is again.

Brrr, this floor is cold on my knees. . .why are the tears running like a river down my cheeks. . .God, have mercy on my soul!

HOME BREWMEISTER

From the 1st, edition AA Big Book

Strangely enough, or by some queer quirk, I became acquainted with the hilarious life just at the time in my life when I was beginning to really settle down to a common-sense, sane, domestic life. My wife became pregnant and the doctor recommended the use of Porter Ale . . . so . . . I bought a six gallon crock and a few bottles, listened to advice from amateur brewmeisters, and was off on my beer manufacturing career on a small scale (for the time being). Somehow or other, I must have misunderstood the doctor's instructions, for I not only made the beer for my wife, I also drank it for her.

As time went on, I found that it was customary to open a few bottles whenever visitors dropped in. That being the case, it didn't take me long to figure out that my meager manufacturing facilities were entirely inadequate to the manufacture of beer for social and domestic consumption. From that point on, I secured crocks of ten gallon capacity and really took quite an active interest in the manufacture of home brew.

We were having card parties with limburger and beer quite regularly. Eventually, of course, what with all the hilarity that could be provoked with a few gallons of beer, there seemed to be no need of bridge or poker playing for entertainment. Well . . . we all know how those things go. The parties waxed more liquid and hilarious as time went on, and eventually I discovered that a little shot of liquor now and then between beers had the tendency to put me in a whacky mood much quicker than having to down several quarts of beer to obtain the same results. The inevitable result of this discovery was that I soon learned that beer made a very good wash for whiskey. That discovery so intrigued me, that I stayed on that diet almost entirely for the balance of my extended drinking career. Yes sir, the old Boilermaker and his Helper. The last day of my drinking career, I drank 22 of them between 10 and 12 and I shall never know how many more followed them until I was poured into bed that night.

I was getting along fairly well with my party drinking for quite some time however, but eventually I began to visit beer joints in between parties. A night or so a week in a joint, and a party or so a week at home or with friends, along with a little lone drinking, soon had me preparing for the existence of a top flight drunkard.

Three years after I started on my drinking career, I lost my first job. At that time, I was living out of town, so I moved back to the home town and made a connection in a responsible position with one of the larger companies in the finance business. Up to this point I had spent six years in the business and had enjoyed the reputation of being very successful.

My new duties were extremely confining and my liquor consumption began to increase at this time. Upon leaving the office in the evening, my first stop would be a saloon about a block from the office. However, as there happened to be several saloons within that distance, I didn't find it necessary to patronize the same place each evening. It doesn't pay to be seen in the same place at the same hour every day, you know.

The general procedure was to take 4 or 5 shots in the first place I stopped at. This would get me feeling fit, and then I would start for home and fireside, thirteen miles away. Well . . . on the way

home numerous places must be passed. If I were alone I would stop at four or five of them, but only one or two in the event I had my mistrusting wife with me.

Eventually I would arrive home for a late supper, for which, of course, I had absolutely no relish. I would make a feeble attempt at eating supper but never met with any howling success. I never enjoyed any meal, but I ate my lunch at noon for two reasons: first, to help get me out of the fog of the night before, and second, to furnish some measure of nourishment. (My enjoyment of meals now is an added feature to the Seven Wonders of the World to me. I can still hardly believe it). Eventually, the noon meal was also dispensed with.

I cannot remember just when I became the victim of insomnia, but I do know that the last year and a half I never went to bed sober a single night. I couldn't sleep. I had a mortal fear of going to bed and tossing all night. Evenings at home were an ordeal. As a result, I would fall off in a drunken stupor every night.

How I was able to discharge my duties at the office during those horrible mornings, I will never be able to explain. Handling customers, dealers, insurance people, dictation, telephoning, directing new employees, answering to superiors, etc. However, it finally caught up with me, and when it did, I was a mental, physical, and nervous wreck.

I arrived at the stage where I couldn't quite make it to the office some mornings. Then I would send an excuse of illness. But the firm became violently ill with my drunkenness and their course of treatment was to remove their ulcer in the form of me from their payroll, amid much fanfare and very personal and slighting remarks and insinuations.

During this time, I had been threatened, beaten, kissed, praised and damned alternately by relatives, family, friends and strangers, but of course it all went for naught. How many times I swore off in the morning and got drunk before sunset I don't know. I was on the toboggan and really making time.

After being fired, I lined up with a new finance company that was just starting in business, and took the position of business promotion man, contacting automobile dealers. WOW . . . was that something??? While working in an office, there was some semblance of restraint, but, oh boy, when I got on the outside with this new company without supervision, did I go to town???

I really worked for several weeks, and having had a fairly wide acquaintance with the dealer trade, it was not difficult for me to line enough of them up to give me a very substantial volume of business with a minimum of effort.

Now I was getting drunk all the time. It wasn't necessary to report to the office in person every day, and when I did go in, it was just to make an appearance and bounce right out again. Was that a merry-go-round for the eight months that it lasted???

Finally this company also became ill and I was once more looking for a job. Then I learned something else. I learned that a person just can't find a job hanging in a dive or barroom all day and all night, as jobs don't seem to turn up in those places. I became convinced of that because I spent most of my time there and nary a job turned up. By this time, my chances of getting lined up

(Brewmeister, Continued on page 5)

in my chosen business were shot. Everyone had my number and wouldn't hire me at any price.

I have omitted details of transgressions that I made when drunk for several reasons. One is that I don't remember too many of them, as I was one of those drunks who could be on his feet and attend a meeting or a party, engage in a conversation with people and do things that any nearly normal person would do, and the next day, not remember a thing about where I was, what I did, who I saw, or how I got home. (That condition was a distinct handicap to me in trying to vindicate myself with the not so patient wife).

I also committed other indiscretions of which I see no particular point in relating. Anyone who is a rummy or is close to rummies knows what all those things amount to without having to be told about them.

Things eventually came to the point where I had no friends. I didn't care to go visiting unless the parties we might visit had plenty of liquor on hand and I could get stinking drunk. Fact is, that I was always well on my way before I would undertake to go visiting at all. (Naturally, this condition was also a source of great delight to my wife.)

After holding good positions, making better than average income for over ten years, I was in debt, had no clothes to speak of, no money, no friends, and no one any longer tolerating me but my wife. My son had absolutely no use for me. Even some of the saloonkeepers where I had spent so much time and money, requested that I stay away from their places. Finally, an old business acquaintance of mine, whom I hadn't seen for several years offered me a job. I was on that job a month and drunk most of the time.

Just at this time my wife heard of a doctor in another city who had been very successful with drunks. She offered me the alternative of going to see him or her leaving me for good and all. Well . . . I had a job, and I really wanted desperately to stop drinking, but couldn't, so I readily agreed to visit the doctor she recommended.

That was the turning point of my life. My wife accompanied me on my visit and the doctor really told me some things that in my state of jitters nearly knocked me out of the chair. He talked about himself, but I was sure it was me. He mentioned lies, deceptions, etc. in the course of his story in the presence of the one person in the world I wouldn't want to know such things. How did he know all this? I had never seen him before, and at the time hoped to hell I would never see him again. However, he explained to me that he had been just such a rummy as I, only for a much longer period of time.

He advised me to enter the particular hospital to which staff he was connected and I readily agreed. In all honesty though, I was skeptical, but I wanted so definitely to quit drinking that I would have welcomed any sort of physical torture or pain to accomplish the result.

I made arrangements to enter the hospital three days later and promptly went out and got stiff for three days. It was with grim foreboding and advanced jitters that I checked in at the hospital. Of course, I had no hint or intimation as to what the treatment

was to consist of. Was I to be surprised!

After being in the hospital for several days, a plan of living was outlined to me. A very simple plan that I find much joy and happiness in following. It is impossible to put on paper all the benefits I have derived . . . physical, mental, domestic, spiritual, and monetary.

This is no idle talk. It is the truth.

From a physical standpoint, I gained 16 pounds in the first two months I was off liquor. I eat three good meals a day now, and really enjoy them. I sleep like a baby, and never give a thought to such a thing as insomnia. I feel as I did when I was fifteen years younger.

Mentally . . . I know where I was last night, the night before, and the nights before that. Also, I have no fear of anything. I have self confidence and assurance that cannot be confused with the cockyness or noise-making I once possessed. I can think clearly and am helped much in my thinking and judgment by my spiritual development which grows daily.

From a domestic standpoint, we really have a home now. I am anxious to get home after dark. My wife is ever glad to see me come in. My youngster has adopted me. Our home is always full of friends and visitors (No home brew as an inducement).

Spiritually . . . I have found a Friend who never lets me down and is ever eager to help. I can actually take my problems to Him and He does give me comfort, peace, and radiant happiness.

From a monetary standpoint . . . in the past nine months, I have reduced my reckless debts to almost nothing, and have had money to get along comfortably. I still have my job, and just prior to the writing of this narrative, I received an advancement.

For all of these blessings, I thank Him.

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December 1949

Sidebar

RALPH Waldo Emerson once said, "Nothing astonishes men so much as common sense and plain dealing." Perhaps that explains why so many people are amazed at AA's success. Certainly the problem of alcoholism has plagued civilization ever since that prehistoric fellow discovered he could get a "kick" out of the juice of a berry that had fermented in the sun's heat.

In almost comical contrast to huge laboratories, banks of test tubes, exhaustive clinical research, and reams and reams and volumes and volumes of data--comes the simple act of one drunk helping another drunk do what they both wanted--stay sober!

Then what happens? We get together in groups and start behaving as God intended people to behave toward each other--or more nearly so than any group of people I ever knew. So the solution of the problem of the ages seems to be simplicity itself. And our only concern, yours and mine, seems to be to keep right on being simple, and humble. Our 12 Steps and our 12 Traditions are just that!

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3 Bucks In The Basket... Make it a Reality, not just a dream!



“Every AA group ought to be fully self-supporting, declining outside contributions.” Tradition Seven, Twelve Steps and Twelve Traditions, Reprinted with permission AA World Services, Inc. [Seventh Tradition Checklist](#)

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MILW. CENTRAL OFFICE

- E-mail us at: dan@aamilwaukee.com
Hours:
M - F 9 a.m. to 4:30 p.m.
Sat. 9 a.m. - 12 p.m.
- Board of Directors Meeting, in-person. Wednesday following 2nd Tuesday (odd months) 6:30 p.
- A. A. Meetings, Sun. at 9 a., Mon.- Fri. at 12:15 p., Sat. 9:15 a., & 10:30 a.
- Dist. 14 monthly meeting, 4th Wed. at 7 p.m.
- Dist. 16, monthly meeting 1st Thursday at 6:00 p.m.

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our [CONTRIBUTE](#) button on our website: aamilwaukee.com or use our your [VENMO app](#) from your smartphone.

Meeting Space Currently Available

- [DryHootch](#), 4801 W National Ave. Space available various time of day and evening. Call Otis W. [414-336-6576](tel:414-336-6576)
- [West Allis Senior Center](#), 7001 W National Ave, West Allis WI. Call Shanon at [414-302-8717](tel:414-302-8717).
- [Luther Memorial Church](#), 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com
- [St Peter's Episcopal Church](#), 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net
- [Anchor Covenant Church](#) 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

Redemptorist Retreat Cen-

[ter](#), 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org
Please call for information and schedule of retreats for recovering people. AA and AI-Anon, \$250 three nights. We discuss the 12 steps and related topics.

2024 Weekend Retreats Jesuit Retreat House,

4800 Fahrwald Rd. Oshkosh, WI. WI 54901, call 800-962-7330 jesuitretreathouse.org
Men and Women in AA, AI-Anon
Total cost: 4 days \$390.00. Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

MEETING TIME CHANGE JANUARY 3rd 2024

[LAKE COUNTRY GROUP Wednesdays](#) at First Congregational Church, 815 S Concord Rd in Oconomowoc has **NEW MEETING TIME: 6:30 P.M.** starting Wednesday January 3rd, 2024 (previously met at 7:00 P.M.)

DISTRICT MEETINGS

CORRECTIONAL INSTITUTIONS

COMPLETE DISTRICT INFORMATION ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; **2 & 18** Green Lake & Marquette Counties & part of Waushara; **7** Kenosha; **17** Racine County; **8 & 30** Rock County; **9** Crawford, Grant, Iowa and LaFayette; **19 & 37** Richland & Sauk; **20, 21 & 26** Dane; **31** Columbia County; **35** Green; **37** Juneau County.

(Check the web address above for meeting info.)

- 3. MANITOWOC & SHEBOYGAN CNTY'S:** 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc
- 6. WALWORTH CNTY:** 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan
- 10. Spanish District.** Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.
- 11. JEFFERSON CNTY:** Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills, or Zoom: 817 4085 9820, Password: 665473
- 12. WASHINGTON CNTY:** 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037
- 13. WAUKESHA CNTY:** 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha
- 14. MILWAUKEE CNTY:** 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214
- 16. MILWAUKEE CNTY:** 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214
- 23. DODGE CNTY:** Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142
- 24. OZAUKEE CNTY:** 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.
- 25. FOND du LAC CNTY:** 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.
- 27. MILWAUKEE CNTY:** 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is [824 0616 9567](https://82406169567) the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.
- 28. MILWAUKEE CNTY:** 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.
- 29. MILWAUKEE CNTY:** 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227
- 32. & 33 WAUKESHA CNTY:** 4th Tuesday of month, 6:30 p, Meeting ID: [321 751 3275](https://3217513275), Passcode: 323232
- 34. WAUKESHA CNTY:** 1st Tuesday of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: [https://us02web.zoom.us/j/6870109941?](https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09)
[pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09](https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09)
- 36. RACINE/KENOSHA:** 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 482 S Pine St., Burlington
- 38. MILWAUKEE CNTY:** Last Sunday of month 4:00 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

[Area 75, Southern WI, Calendar of Events 2024](#)
[9 A.M. to Noon except where noted.](#)

Sun Apr 7th; Jun 7th 6:30 pm to Jun 9th, ECR Conference; Jun 23rd; Sep 15th; and Fri Nov 1st Noon to Sun Nov 3rd Noon, Area 75 Fall Conference.

In-Person: Madison Senior Center, 330 W Mifflin St. Madison 53703. Contact Area Delegate Pete W. at delegate@area75.org

- [Zoom Meeting Contact Area Chair:](#) Andrew I. chair@area75.org

In-person meetings have started back up in the Area corrections facilities. Contact Michelle, Area Corrections Chair by email; corrections@area75.org for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Emily J. at 262-364-7275 or email: mccccoordinator@gmail.com

- **TAYCHEedah CORRECTIONAL**, Fond du Lac, WI 54937
- **OAK HILL CORRECTIONAL INSTITUTION:** 5212 County Road M, Fitchburg, WI 53575
- **WAUPUN CORRECTIONAL INSTITUTION**, Waupun WI
- **FOX LAKE CORRECTIONAL**, Box #147, Fox Lake, WI 53933
- **JEFFERSON COUNTY JAIL** 411 S. Center St., Jefferson, WI,
- **RACINE CORRECTIONAL INSTITUTION** for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- **FEDERAL CORRECTIONAL** Satellite Camp, Oxford, WI.
- **THOMPSON FARM**, RT. 2 DEERFIELD, WI.,
- **ROBERT ELLSWORTH CORRECTIONAL**, Union Grove, 53182
- **KETTLE MORaine CORRECTIONAL**, Forrest Dr., Plymouth,
- **MILWAUKEE COUNTY HOUSE OF CORRECTION**, 8885 S. 68th St. Franklin WI. Emily J. by Email: mccccoordinator@gmail.com
- **MILWAUKEE COUNTY JAIL** 9th & State Milwaukee WI. Emily J. by Email: mccccoordinator@gmail.com
- **MILWAUKEE SECURE DETENTION**, 1015 N. 10th St. Emily J. by Email: mccccoordinator@gmail.com.
- **MILWAUKEE WOMEN'S CORRECTIONAL CENTER**, 615 W Keefe Ave. Emily J. by Email: mccccoordinator@gmail.com

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Emily J. at 262-364-7275 or email: mccccoordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mccccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

ADDRESSES FOR YOUR INFORMATION

- Milwaukee Central Office:** 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com
- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
 - General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
 - Area 75 [Corrections](#), [Bridging the Gap](#) or [Treatment](#) write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
 - **Southern Wisconsin Deaf Access Committee :** Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

MEETING ROOMS

<p>NEW DAY CLUB 11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic</p> <p>Mon. 12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp</p> <p>Tue. 10:00 a. Topic 5:30 p. Big Book 8:00 p. Big Book Gp</p> <p>Wed. 10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline</p> <p>Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting</p> <p>Fri. 10:00 a. Topic Meeting 5:30 p. Step/Tradition 8:00 p.</p> <p>Sat. 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 8:00 p. Open Meeting (held on 3rd Saturday of month only)</p> <p>AL-ANON MEETINGS Monday 6:30 p. Al-Anon Tuesday 1:00 p. Al-Anon/ACOA Wednesday 7:00 p. ACOA Thursday 7:00 p. Al-Anon Contact club for information on other fellowships.</p>	<p>PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414) 541-6923 www.passitonclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today' choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers</p> <p>Mon. 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA</p> <p>Tue. 7:30 a. Comin' Back Gp 10:30 a. Keep It Simple 4:00 p. Drop the Rock 6:00 p. Key To Sobriety Women's 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O</p> <p>Wed. 7:30 a. Big Book Study 10:30 a. Pass It On 4:00 p. Happy Hr Promises 6:15 p. Courage to Change 7:00 p. We, Us & Ours</p> <p>Thr. 7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp 7:30 a. Honesty Gp.</p> <p>Fri. 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow 8:30 a. Early Bird</p> <p>Sat. 10:30 a. Happy Joyous Free 7:00 p. Vajeros Wisconsin lower level 7:00 p. 5 Conceptos upstairs 8:00 p. Back to Basics 12x12</p>	<p>LAKE AREA CLUB N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912 www.lakeareaclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday 9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Study</p> <p>Mon. 1:00 p. 4:00 p. 7:00 p. Life House Beginners 8:00 a.</p> <p>Wed. 8:00 a. 10:00 a. Back To Basics 2:00 p. Women's Meeting 6:00 p. 8:00 p.</p> <p>Thr. 10:00 a. 4:00 p. 5:00 p. Woman's Way 12 Steps 6:00 p. Hybrid Meditation Mtng Zoom ID: 89239303536, PW: 999525</p> <p>Fri. 8:00 p. Grapevine Mtng 12:30 p. 4:00 p. 8:00 p. Old School House</p> <p>Sat. 10:00 a. Big Book OPEN AA/Al-Anon SPEAKER MEETING Sat. 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers)</p> <p>AL-ANON MEETINGS Mon. 7:00 p. Al-Anon Tue. 9:00 a. Al-Anon Wed. 7:00 p. Al-Anon & Alateen</p>	<p>WAUKESHA ALANO CLUB 318 W. Broadway Waukesha, WI, 262-549-6541 http://www.alanoclubofwaukesha.com/ (IP)=In-person,</p> <p>Sun. 9:30 a. Sun Morn Sunlight (IP) 11:00 a. Sun Go-To-Mtng (IP)</p> <p>Mon. 12:00 p. (IP) 6:00 p. Beginners AA (IP) 7:00 p. (12 & 12) (IP)</p> <p>Tue. 12:00 p. Wed Nooners (IP) 5:30 p. Topic Gp (IP)</p> <p>Thr. 12:00 p. Nooners (IP) 12:00 p. T.G.I.F. Gp (IP) 6:30 p. Half Measurers (IP)</p> <p>Sat. 6:00 a. Early Morning (IP) 10:00 a. Gp 124 (IP)</p> <p>OPEN MEETINGS, DANCES & EVENTS Call for information.</p>	<p>GALANO CLUB - LGBT & All in Recovery - 7210 W Greenfield Ave LL Milwaukee, WI 53214, 414-276-6936 http://www.galanoclub.org/ galanoclub@gmail.com</p> <p>(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/ Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#</p> <p>Sunday: (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon - Papillon Group. (In-person)</p> <p>Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)</p> <p>Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)</p> <p>Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video</p> <p>Friday: (V & IP) 10:30 a.m. AA Step & Topic</p> <p>Saturday: (V & IP) 7:30 p.m. - AA - Big Book & More. (In- person/Phone/video) The Galano Club is open one half hour before the scheduled meetings.</p>
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<p>NORTHWEST AREA ALANO ASSOCIATION* N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone) Room 202 A.A. MEETING SCHEDULE (V)=Virtual, (IP)=In-person, (V & IP)=Both</p> <p>Sun. 10:00 a. Big Book Rm 202 7:00 p. Sun Night Gp Rm 202</p> <p>Mon. 7:00 p. Just Do It Gp Rm 202</p> <p>Tue. 10:00 a. Step 8:00 p. Topic</p> <p>Wed. 7:00 p. Step/Topic</p> <p>Thr. 10:00 a. Step 6:00 p. Women's</p> <p>Fri. 8:00 p. Step/Topic (V & IP) 5:30 p. Code 3 Mtng Rm 202</p> <p>Sat. 10:00 a. Sat Serenity Gp 7:00 p. Simply Sober Gp Rm 202</p> <p>AL-ANON MEETINGS Wed. 7:00 p. Al-Anon Fri. 7:30 p. Al-Anon</p> <p>*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.</p>	<p>WALWORTH COUNTY ALANO CLUB 611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115, (262) 740-1888</p> <p>Sunday AA 10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion</p> <p>Monday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting 6:30 p. Delavan Meeting</p> <p>Tuesday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan 12 Step Topic</p> <p>Wednesday AA 7:30 a. Sunny Side Up 12:00 p. As Bill Sees It Gp. 6:30 p. Delavan IT Meeting</p> <p>Thursday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Big Book Gp.</p> <p>Friday AA 7:30 a. Sunny Side Up 12:00 p. Big Book Study 6:30 p. Delavan Discussion</p> <p>Saturday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Beginners Gp.</p>	<p>ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102 http://www.mkealanoclub.org/ A.A. MEETING SCHEDULE</p> <p>Sun. 7:00 a. AA Express Mtng 7:45 a. AA Big Book/Discussion 10:00 a. Gp 17 Step Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic 12:15 p. Gp 76 Lunch Bunch 6:30 p. Gp 40 Big Book</p> <p>Tue. 7:00 a. As Bill Sees It, 10:30 a. Gp 70 Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. Beginner's Meeting</p> <p>Wed. 7:00 a. AA 10:30 a. Gp 9, Step 12:15 p. Gp 76 Lunch Bunch 6:00 p. Chicks at Six Gp, women, Child Care available 7:30 p. We Agnostics</p> <p>Thr. 7:00 a. Thr Morning Express Mtng 10:30 a. Gp 97, Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. AA (LGBT) All Welcome</p> <p>Fri. 7:00 a. Daily Reflections 10:30 a. Gp 21, Step 12:15 p. Gp 76 Lunch Bunch 6:30 p. Here & Now 7:30 p. Men's Zoom Meeting 12:15 am. Second Shifters (Sat.)</p> <p>Sat. 7:00 a. AA Meeting 11:00 a. Gp 87 Step 7:30 p. Open AA Speaker Mtng</p> <p>AL-ANON MEETING Sunday 10:00 a. Al-Anon</p>	<p>H.O.W. TO CLUB 8930 W. National Ave, West Allis, (414) 543-2448 mailto:howtoclub8930@yahoo.com https://www.howtoclub.org Hours: 9am to 9pm daily.</p> <p>Sun. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity 7:30 p. Sun. Sober & Serene</p> <p>Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp. 10:30 P. What's the Point Gp.</p> <p>Tue. 11:00 a. Willingness Group 6:00 p. Tue Topic 6pm Gp 8:00 p. New Hope Meeting</p> <p>Wed. 10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom 8:00 p. Promises Group</p> <p>Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going</p> <p>Fri. 6:00 a. Early Risers Big Book 11:00 a. Priority Group 6:00 p. Big Book Friday 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises</p> <p>Sat. 9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday</p>	<p>24 HOUR CLUB 153 Green Bay Rd. Thiensville, WI Web and Facebook Info</p> <p>A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 10:00 a. Step/Topic</p> <p>Mon. 6:30 a. Topic 10:00 a. Topic 8:00 p. Men's</p> <p>Tue. 6:30 a. Topic 10:00 a. Step/Topic 5:30 p. Big Book</p> <p>Wed. 6:30 a. Topic 10:00 a. Big Book</p> <p>Thr. 6:30 a. Topic 10:00 a. Topic 5:30 p. Step/Topic/Trad</p> <p>Fri. 6:30 a. Topic 10:00 a. Step/12 & 12 8:00 p. Step</p> <p>Sat. 6:30 a. Topic 8:30 a. Big Book/Steps 10:00 a. Big Book</p> <p>8:00 p. Open Speaker Mtng. (1st Saturday Only)</p>
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In Person AA Groups NEED YOUR SUPPORT

- **Sun. 3 p.m.** Gratitude Plus, Pass It On Club, 6229 W Forest Home Ave, Milwaukee WI
- **Sun. 7 p.m.** Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI
- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m.** Unity Gp, 4600 Pilgrim Rd, Brookfield, WI
- **Tues. 7 p.m.** Gp 43, Friendship Club, 2245 W Fond du Lac Ave Milwaukee WI.
- **Wed. 8:00 p.m.** Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI
- **Thur. 12:15 p.m.** Jeanette Burnett Gp, St John's Cathedral Complex, 831 N Van Buren, Milwaukee WI
- **Thurs. 8:00 p.m.** Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- **Thurs. 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave,
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw.
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View, WI

MEETING ROOMS

<p>UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com</p> <p>AA MEETING SCHEDULE</p> <p>Sun. 10:30 a.* Gratitude Gp. 8:00 p. Candlelight Gp.</p> <p>Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's</p> <p>Tue. 10:00 a. Tuesday A.M. 7:30 p. Beginner's</p> <p>Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp In-person & Zoom: 332602852, pw: 123456</p> <p>Thr. 10:00 a. Big Book</p> <p>Fri. 10:00 a. Step/Topic Gp 6:00 p. Big Book</p> <p>Sat. 10:00 a. Here & Now 7:00 p. Big Book Connection</p> <p>AL-ANON & ALATEEN MTNGS Saturday 9:00 a. Al-Anon Thursday 7:15 p. Al-Anon</p> <p>• Open Mtng. 3rd Sunday of month</p>	<p>FRIENDSHIP CLUB 2245 W. Fond du Lac Ave Milwaukee, WI (414) 931-7033</p> <p>Email: friendshipinc@sbcglobal.net</p> <p>AA MEETING SCHEDULE</p> <p>Sunday 10:00 a. Friendship 11:00 a. Third Sunday Open Meeting</p> <p>Monday 10:30 a. Step Gp</p> <p>Tuesday 7:00 p. Gp 43 Big Book</p> <p>Saturday 10:30 a. Gp 112 Step</p> <p>Call for information on other types of meetings.</p> <p>Email: friendshipinc@sbcglobal.net</p>	<p>12 STEP CLUB 4102 W Townsend St. Milwaukee, WI 53216 (414) 871-0610</p> <p>A.A. MEETING SCHEDULE</p> <p>Saturday: 10:00 a. Beginner's,</p> <p>Call the club for information on AA meetings, meetings for other fellowships and for special events.</p> <p>BEAVER DAM ALANO CLUB 115 N Lincoln St. Beaver Dam WI 53916</p> <p>Sun: 10:30 a.m. & 7 p.m. Mon: 8 a.m., 6 p.m. & 8 p.m. Tue: 9:30 a.m. & 7:30 p.m. Wed: 8 a.m. & 7 p.m. Thur: 9:30 a.m. & 8 p.m. Fri: 12 Noon & 6 p.m. Sat : 12 Noon & 7 p.m. Open</p>	<p>MILWAUKEE GROUP 933 E Center St, Milw WI 53212.</p> <p>A.A. MEETINGS</p> <p>Sun. 10:00 a In-person 8:30 p. In-Person</p> <p>Mon. 5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person</p> <p>Tue. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person</p> <p>Thur. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Fri. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Sat. 8:30 p. In-Person</p> <p>Milwaukee Central Office 7429 W Greenfield West Allis WI 414-771-9119</p> <p>A.A. MEETINGS</p> <p>Sun. 9:00 a. Gp 10 Sunday</p> <p>Mon. 12:15 p.</p> <p>Tue. 12:15 p.</p> <p>Wed. 12:15 p.</p> <p>Thur. 12:15 p.</p> <p>Fri. 12:15 p.</p> <p>Sat. 9:15 a. 1st Step 10:30 a.</p> <p>We do not meet on major holidays.</p>	<p>LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI</p> <p>AA MEETINGS</p> <p>Sunday 6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room</p> <p>Monday 7:30 p. Laughs/Leisure</p> <p>Tuesday 6:00 p. 11th Step Meditation 7:30 p. Professionals</p> <p>Wednesday 7:30 p. Presidents Hall 8:00 p. "RES-IPSA"</p> <p>Thursday 7:30 p. Alumni No 12</p> <p>Friday 7:15 p. Gp 74</p> <p>Saturday 10:00 a. Gp 59</p> <p>All Saint's Cathedral 818 E Juneau Ave. Milw 53202</p> <p>Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober Tue: 10:30 a.m. Men's Gp. Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp. Sat: 10:30 a.m. Men's Gp.</p>
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JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



Payment/Contribution: using [VENMO](#) or from our website, using [Credit Card](#) or [PayPal](#).

\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____

Name _____

Address _____

City _____ State _____ Zip _____

Phone: () _____ - _____

Email: _____

Home Group: _____



<u>Years</u>	<u>Name</u>	<u>Home Group</u>
17 (4/1/24)	Chris W.	Delafield
14 (4/9/24)	Lynn M.	Early Risers, Alano
5 (4/20/24)	David S.	Came To Believe
Late Entry, 36 (2/15/24)	Irene L.	Badger Group



Come Join Our Tuesday Nite Impaired Professional AA Meeting



Tuesday nights at 7:30
 Holy Trinity Lutheran Church
 11709 W. Cleveland Ave., Milwaukee [Map](#)

Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person and on Zoom. Meeting ID = 98178765495, Password = 071150.
Hope to see you there!!

HAND OF AA TUESDAYS 7 PM



"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."
 -AA Responsibility Statement

The Hand of AA Group meets in person and online Tuesdays at 7 PM CT. It is a literature meeting where a topic is taken from either conference approved literature or the AA Grapevine.

1st Week: Step
 2nd Week: Open
 3rd Week: Tradition
 Other weeks: Topic

To join us in person: We meet at Mount Zion Lutheran Church 12012 W North Ave, Wauwatosa WI 53226. Parking and the entrance are behind the church off 120th St.



For Zoom:
 Meeting ID "544 131 1866"
 Password: 414

Or use the QR code to see the web page and a direct Zoom link



LGBT AA Meeting
 All AA members are welcome
Sunday afternoons at 4pm

located in

MKE LGBT CENTER
 315 W Court Street
 Milwaukee, WI 53212



Accessibility Lift in building
 and plenty of parking in lot adjacent to the building
 Any questions, call (414)617-1152

"Alcoholics Anonymous is a fellowship of persons who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking."

<https://www.aa.org/>

Posted Dec. 2023



Friday Night Couples in Recovery

We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet each Friday of the month beginning April 1st and would like couples or singles working any 12 step program to join us

At 7:30 pm



St. Pius Church
 2520 N. Wauwatosa Ave. (76th St.)
 Just north of North Ave.

[Click here for Map](#)

(Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)



**Fox Point Group 86:
Reaching Out,
Join Us on Zoom Monday
Evenings.**

We are doing a group inventory, looking at ways in which we can be more accessible.

Current members with a wide range of sobriety, join our weekly meetings to discuss topics that impact all people in recovery thus providing a healthy balance for all.

We warmly welcome all genders, sexual preferences, ethnicities, and ages.

We meet on-line with ZOOM Monday Nights at 8:00 and will do so until we resume our "live" meetings at the North Shore Congregational Church in Fox Point.

Stop on by! We open up around 7:45 and begin at 8:00. If you are shy about "Zooming," just come on in and listen. It's Alcoholics *Anonymous*.

You will find a warm welcome to a lively and amiable group living one day at a time.

<https://zoom.us/j/8700953588>

Support needed for the Helping Hand Gp.

Nativity Lutheran Church

6905 W Bluemound Rd.

Wauwatosa, WI. [Click for map.](#)

Wednesday Night at 8:00 PM



Financial News: Please remember our tradition of self-support. If you wish to contribute to the Central Office, you can now use Venmo from your smartphone.

[@MilwaukeeCentralOffice-AA](#)

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

**Use QR Code
To Contribute
Using
VENMO**



GROUP 60

After 50 plus years

Our meeting

No longer meets at 8:00

Our meeting will start at 7:00

Beginning March 6, 2024

We are still meeting on Wednesday's

Jackson Park Lutheran Church
4535 W. Oklahoma Ave.
Milwaukee 53219





Founders' Day Herald

89th Anniversary of Alcoholics Anonymous

June 7, 8, & 9, 2024 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.

Discussion of One Step Per Hour
Chaired by: Mary K.

A.A. Early Bird Meeting* • 3:00 p.m.

Ron M. - Louisville, OH
"Never Missed A Founders Day"
Chaired by: Jeanne R.

Actors Guild Play • 5:00 p.m. & 8:00 p.m.

"Snow White And The Seven Character Defects"

A.A. Speaker Meeting* • 7:00 p.m.

Will M. - Sergeant Bluff, IA
"Good Is The Evil Of Great"
Chaired by: Karen K.

Serenity Singers • 8:00 p.m. - 9:00 p.m.

Olin Hall

A.A. Speaker Meeting* • 9:00 p.m.

Debbie G. - Vista, CA
"AA Gives Us Sobriety And The Tools For Living"
Chaired by: Scott T.

Junta en Español • 9:00 p.m. - 11:00 p.m.

Open Discussion
Chaired by: Hay una solución

A.A. Alkathon • 11:30 p.m. - 2:00 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites

9:00 a.m. - 4:00 p.m.
2 buses continuously - Bierce Circle

A.A. Archives

Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.

Debbie D. - Concord, CA
Chaired by: Jerry C.

A.A. Old Timers' Panel* • 10:30 a.m.

Topic: "It Should Continue For Our Lifetime"
Ethel N. - Philadelphia, PA
Jim B. - Jamestown, NY
Don C. - Colorado Springs, CO
Chaired by: Jerry C.

La Viña Workshop • 11:00 a.m. - 3:00 p.m.

El Coordinador: Raymundo L. and
Hay una solución

Actors Guild Play • 12:00 p.m. & 2:30 p.m.

"Snow White And The Seven Character Defects"

A.A. & Al-Anon Speaker Meeting* • 12:30 p.m.

Speakers - Kelly P. & Jeff M. - Helena, MT
"Manufacturing Misery or Learning Love: Growing in Recovery"
E.J. Thomas Hall Chaired by: Julie & Adam C.

A.A. Speaker Meeting* • 2:00 p.m.

Drew E. - Altantic Highlands, NJ
"Inspiration-Desperation-Perpetuation"
Chaired by: Mary K.

The History of Our Big Book • 4:00 p.m.

Presented by: Gail L. - Akron, OH
Chaired by: Jeanne R.

A.A. Speaker Meeting* • 8:00 p.m.

Jeff V. - Fargo, ND
"Happy, Joyous and Free"
UA Infocision Stadium**
Chaired by: Aaron K..

****Stadium Weather Contingency Plan
for Saturday Night - See Web Site**

DANCE! DANCE! DANCE!

10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*

7:30 a.m.
Motorcycle procession and graveside
memorial tribute to Dr. Bob & Anne S.
Speaker: Dolly A. & Paul G. - Akron, OH
Chaired by: Karen K.

A.A. Spiritual Panel Meeting • 9:00 a.m.

Topic: "A Moment Of Clarity"
Heather F. - Akron, OH
Trina R. - Olean, NY
Daryl M. - Cleveland, OH
Chaired by: Juanita W.

A.A. Closing Speaker Meeting*

10:30 a.m.
Ralph W. - Los Angeles, CA
"I'm So Glad God Doesn't Make
Misery Comfortable"
Chaired by: Tony T.

AL-ANON

FRIDAY ACTIVITIES

Al-Anon Panel • 1:00 p.m.

Topic: "Sponsorship; A Piece Of The
Al-Anon Puzzle"
Barbie C. - Lancaster, PA
Brandy F. - New Paris, OH
Erica B. - Toronto, Ontario, CA
Lisa F. - Madison, CT
Olin Hall Chaired by: Leslie S.

Al-Anon Panel • 2:30 p.m.

Topic: "Double Winners; Doubly Blessed"
Barbie K. - Akron, OH
Marc W. - Canton, OH
Janet F. - Akron, OH
Olin Hall Chaired by: Ian R.

Al-Anon Workshop • 4:00 p.m.

Topic: "Made A List Of All Persons We
Tried To Help - An 8th/9th Step Workshop"
Barbie C. - Lancaster, PA
Brandy F. - New Paris, OH
Lisa F. - Madison, CT
Olin Hall Chaired by: Evette W.

Al-Anon Speaker Meeting • 6:00 p.m.

Evette W. - San Francisco, CA
"Two Sides of the Same Coin; The Family Disease and Solutions"
Olin Hall Chaired by: Mary Anne C.

AL-ANON

SATURDAY ACTIVITIES

Al-Anon Workshop • 9:30 a.m.

"Resentment Ball - Removing the Boogie Man from Step 4"
Brandy F. - New Paris, OH
Evette W. - San Francisco, CA
Olin Hall Chaired by: Kristina H.

Alateen Panel • 11:00 a.m.

"Let It Begin With ME"
Olin Hall Chaired by: Lynda M.

A.A. & Al-Anon Speaker Meeting* • 12:30 p.m.

Speakers - Kelly P. & Jeff M. - Helena, MT
"Manufacturing Misery or Learning Love: Growing in Recovery"
E.J. Thomas Hall Chaired by: Julie & Adam C.

Al-Anon Speaker Meeting • 3:00 p.m.

Ken T. - Girard, PA
"Alateen to Al-Anon - Living Serenely"
Olin Hall Chaired by: Jane M.

Program Spoken Here

4:30 p.m. - 5:30 p.m.
Olin Hall Chaired by: Irena H.

REGISTRATION

UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.

Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by

6:00 p.m. Saturday - **NO EXCEPTIONS!**

Package Plans must be picked up at designated
dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room Student Union

A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.

Saturday 8:00 a.m. - 5:00 p.m.

CREDIT CARDS ACCEPTED!

* A.S.L. INTERPRETER



**CLEAR BAGS REQUIRED
SEE INSIDE FOR MORE INFORMATION**

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.

Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!